# SHAKER SAPTINGS

### OCTOBER 2019

## UPCOMING DATES:

For more information consult PowerSchool or your school calendar.

- **10/2:** Back to School Night Infants-Grade 2 @ 6-7PM
- 10/3: Back to School Night Grades 3-9 @ 6-7PM
- **10/7—10/11:** Parent/Teacher Conferences — Grades K-3
- **10/9:** Great Bay Discovery Center — Grade 3

10/14: SRS CLOSED

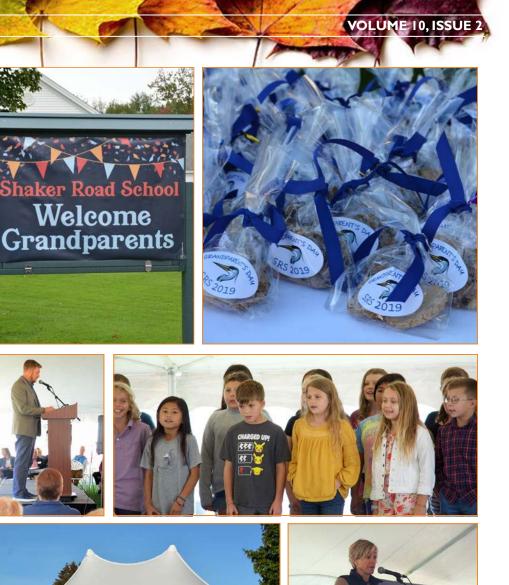
- 10/16: Capitol Center for the Arts — Grades K-2
- 10/19: SSAT test date at SRS in 600 Building
- 10/25: Halloween Dance Grades 5-9 @ 7-10PM
- **10/22:** Halloween Hayride @ 6:30PM School Wide
- 10/31: Halloween Parade & Parties — Infants-Grade 4 @ 9:30AM

### NOTES FROM THE EDITOR:

Look for the Saplings on PowerSchool each month this year posted online at www.shakerroadschool.org. A classroom will be featured with updates from special events, school trips, athletics and alumni. If you have any photos of sports or school performances that you would like to share, we would love to have a copy. Hope you enjoy the articles.

EDITOR: Patti Hicks COPY EDITOR: Tad Curry





































SAPLINGS

























# First Day of School Project

Our first day of school started with an assembly for Kindergarten through ninth grade-we were only missing our younger friends! After the assembly, our younger students buddied up with older students for several activities. We walked down the "Hookamawakee" trail to play some kickball (our first Blue vs. White game of the year) and visited the art room for a short story and an art project. We listened to the picture book Only One You, by Linda Kranz. In it, we learned that we are each unique though part of a group; we sometimes blend in and other times need to stand out; and we must seek to make the world a better place for others. This is a perfect message to hear-both for students and teachers-on the first day of school. After the story, the buddies worked together to paint rocks unique to them inspired by the style of the book's illustrations. The rocks are now in their permanent home around the maple tree in front of the Birdhouse. Visit them by the upper parking circle! We are pretty sure Mrs. Morrison has more rocks and would love for them to be painted. Stop in and ask!

Submitted by: Tad Curry













#### OCTOBER 2019, VOL. 10, ISSUE 2

#### SAPLINGS













## Lake Winnisquam Ecology Trip

Dissolved oxygen levels. Macroinvertebrates. Kayaking. Local lake history. Watersheds. Lake topology. Capture the flag. Secchi disks. Tent camping. Kemmerer bottles. Plankton drag nets. Swimming. Liquid nitrogen ice cream. Video microscopes. Perhaps nowhere else in the world have these seemingly disparate things and concepts come together in the same place over a period of three days other than at the Shaker Road School lake ecology trip on Lake Winnisquam in early September. Pretty neat, huh? (And I didn't even throw in the ringer about nitrogen-frozen bananas and tangerines being smashed!)

Each year, the focus of the sixth grade trip is on water ecology. This year, Mr. Hicks, Mrs. Giberti, Mr. Lewis, and Mrs. Stuppard led the Class of 2022 up to "Grammy's Camp," otherwise known as Patti and Doug's cottage on Lake Winnisquam. The "Niners," the SRS 9<sup>th</sup> grade students, came up each day for their own biology work with Doug and Mr. Hicks and to help teach the sixth graders.

The students spent the first day setting up camp, swimming, and establishing aquatic habitats in fish tanks that would house all the nifty aquatic creatures they would be collecting. They also learned some lessons about watersheds, lake topology, the differences between lakes and ponds, and how we in New Hampshire balance the conservation, recreation, and utility of our many bodies of water. They even managed to cram in some fishing, capture the flag, and a cookout and campfire.

After a night of little sleep and much socializing, the students began a busy Day Two. Judy Tumosa, the Education Coordinator for New Hampshire Fish and Game, visited to help collect water quality data and teach the kids about the needs of different kinds of aquatic creatures. They analyzed dissolved oxygen and pH levels and collected macroinvertebrates to determine the water quality of the nearby pond attached to the lake. The rest of the day was spent with kayak lessons, swimming, and a boat ride to discuss the lake's history including the Native Americans who were on the lake before European immigrants settled on it.

On the last day, a rainy one, the sixth graders kayaked out to the middle of the lake to watch the Niners demonstrate the use of a Secchi disk (to determine water quality), a Kemmerer bottle (to collect deep-water samples), and a plankton drag net (for ridding the water of tiny criminals, I guess). The students used a video microscopes to compare new samples to ones from the previous day. After lunch, Mr. Hicks led experiments using the cryogenic properties of liquid nitrogen—yes, that means ice cream. Vanilla and mixed berry, specifically, and it must have been good because there were no leftovers. There may have been a few things (like the above-mentioned fruit) frozen and smashed. "All in the name of science, of course," Mr. Hicks tells us. We believe you, Mr. Hicks, we believe you.

## Submitted by: Tad Curry and Alex Hicks







## **Leadership Retreat**

After a quick first week of school, the eighth grade set off to Camp Bernadette in Wolfeboro for the Leadership Retreat. The week was packed full of discussions and workshops about leadership, followership, types of power, conflict resolution, and building consensus.

Most of the lessons involved practical applications: ethical challenges like deciding who deserved a financial award or whether someone made the right choice in a "daily dilemma." The most difficult challenges facing this group of students focused on their skill at using consensus as a whole group to solve various challenges.

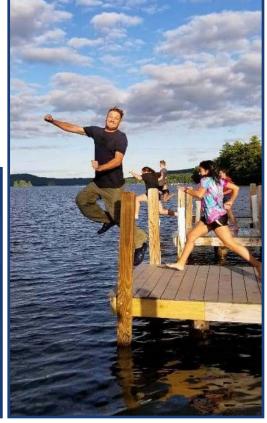
Each challenge through the week helped or hurt them in their quest to earn a trip to Wolfeboro on Thursday afternoon. The Class of 2020 initially fell short of their goal but stayed positive, worked together, and ultimately earned the trip into town. They recognized that, often, personal accomplishments and opportunities for glory must take a back seat so the team can succeed.

Of course, the week was not without a measure of fun in addition to ice cream and goodies in Wolfeboro: capture the flag, swimming, fishing, s'mores by the campfire, a movie, preparing meals, running the Hobart, and getting to know a different side of one's classmates.

The Class of 2020 has demonstrated a positive attitude, strong team spirit, and real sense of friendship, and we cannot wait to

see the great things they accomplish this year and beyond.

Submitted by Tad Curry, Matthew Hicks, Cathy Linden







## Seventh graders hike to Zealand Hut and beyond....

On Monday morning, September 9, the seventh graders met under the pavilion with boots laced, backpacks packed, and energy abounding, ready for an adventure in the mountains. After a quick gear check, they loaded into vehicles for the trek north to spend some time in the great outdoors.

Their first stop was at the Highland Center in Crawford Notch where they were greeted by their AMC (A Mountain Classroom through Appalachian Mountain Club) leaders Garrett, Jackie, and Curt. The grade was split into two groups and spent the morning in a variety of team-building activities, including a short hike on the nearby trails. A buffet dinner was served, and the groups continued to bond over a full course meal, giving opportunities for all to try new things and clean their plates thoroughly! After dinner, the groups participated in a gear "shake-down" which lightened some packs of unnecessary gear and provided a lesson in proper packing.

The following morning, the gear-laden hikers took a quick van ride to the Zealand Trail trailhead and made their second trek into the woods to travel to Zealand Falls Hut, home for the next two nights. They hiked a full day through the woods, pausing at the waterfall, clambering across the bog bridges with their full packs, and stopping along the way for team bonding, group activities, reflection, and lunch. Once arriving at the hut, the hikers set up their bunks and had a few minutes to get settled before dinner followed by more activities with their fearless AMC leaders, and finally—bed!

After a 7 a.m. breakfast on Wednesday, the hikers packed their backpacks with gear needed for another full day of hiking. Sharing the responsibility of carrying lunch and snack items, they loaded up and headed out on Twinway Trail. Along the way there were plenty of team building activities, riddles, journaling, and reflection. The groups shared jobs such as Navigator, WAM (Water Appreciation Moment), NAM (Nature Appreciation Moment) and Safety Leader, taking the opportunity to explore and enjoy the adventure outdoors. With perseverance and cooperation, they spent some time appreciating the scenic view from Zeacliff, and some even made it to the summit of Zealand Mountain at 4260 ft.!

On Thursday morning, the hikers packed their bags, cleaned their rooms, packed lunches and headed out once more to participate in several activities and lunch on the trail before boarding the vehicles for their ride back to Shaker Road School. They returned to school tired and ready for a shower but full of enthusiasm and stories that will be remembered and shared for a long time to come.

Submitted by: Mrs. Berry and Ms. Raby



# PTG Corner

Shaker Road School and the PTG welcomed 380 grandparents and grand-friends to the school for Grandparents' Day on September 27. Thanks to bountiful donations of food and beverages from parents and teachersas well as idyllic fall weather-it was a huge success. Grandparents traveled from as far as Arizona and Trinidad to see their grandchildren in action. The morning kicked off with a welcome from Principal Matt Hicks and PTG Treasurer Missy Pomeroy. Eighth grader Grace Burnett talked about the important role of grandparents in her life. Music teacher Rachel Minsinger led students from Pre-K 3 through Eighth Grade in song. Last year's middle school drama group entertained the audience with a performance of "The Candy Man," led by Eighth Grader Liam Taffe. Grandparents spent the rest of the morning visiting their grandchildren in the classrooms. A heartfelt thank you goes out to all those who helped with the event, including parents, teachers, maintenance staff, and administration. Your commitment to SRS families is admirable and very much appreciated.

Don't forget to mark your calendars for the **SRS Halloween Hayride** on October 29! Crafts and activities begin in the auditorium at 6:00 PM and hayrides begin at 6:30 PM.

We've also added an event to this year's calendar called **Socially Shaker on January 25, 2020**. This is a themed adult-only night of dancing, raffles, and a silent auction. It is one of the PTG's significant fundraisers and always a lot of fun! Stay tuned for more information!

If you are interested in helping with either event and haven't signed up to receive PTG emails, please contact Stefanie at **stefaniecurry@comcast.net**.

> Stefanie Curry PTG Communications Rep

## **PTG Back to School Picnic**



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